



APPENDIX A

State of Washington Sexual Assault Services Standards

Core Services

FOR ACCREDITED COMMUNITY SEXUAL ASSAULT PROGRAMS ONLY

Specialized Services

Culturally-Specific Services

Additional Guidance:

Training Requirements



APPENDIX A

State of Washington

Sexual Assault Services Standards

Core Services

FOR ACCREDITED COMMUNITY SEXUAL ASSAULT PROGRAMS ONLY

Information, Referral and Awareness

Crisis Intervention

General Advocacy

Legal Advocacy

Medical Advocacy

System Coordination

OPTIONAL:

Primary Prevention

INFORMATION, REFERRAL and AWARENESS

Definition	<p>This standard has two purposes:</p> <ul style="list-style-type: none"> ■ Responding 24 hours a day in person or by phone to direct requests for information or assistance related to sexual abuse/assault and available services. ■ Conducting community awareness activities related to sexual abuse/assault and available services to the community at-large.
Goal	To provide sexual abuse/assault related information and resources.
Duration	Information and referral contacts are usually one-time. Awareness activities are usually one-time, but may reoccur.
Activities	<ul style="list-style-type: none"> ■ Assist individuals in evaluating what is needed including available and appropriate services and/or resources. ■ Provide information verbally or in writing such as: <ul style="list-style-type: none"> ▪ Available services (including advocacy services provided by the CSAP) ▪ Referrals to appropriate and relevant resources addressing individuals' needs ▪ Information regarding sexual abuse/assault <p>Information may be provided through:</p> <ul style="list-style-type: none"> ▪ Individual contact ▪ Outreach to underserved communities ▪ Distribution of Materials ▪ Public Speaking/Presentations ▪ Community Education Events
Recipients	<p>Any community members such as:</p> <ul style="list-style-type: none"> ■ Non-offending parents of child victims ■ Victims/Survivors ■ Significant others who require assistance in order to address their own reactions to the victimization and to effectively support the victim ■ Those whose work brings them into contact with people who have been victimized: health care, mental health, education, law enforcement, legal, social service personnel ■ Community groups ■ General community
Qualifications	<p>All volunteer and paid staff must complete 30 hours of initial sexual abuse/assault training plus 12 hours of ongoing sexual abuse/assault training annually. Core trainings must be approved by the Office of Crime Victims Advocacy or their designated training provider(s). The provider must be familiar with the dynamics of sexual abuse/assault and relevant community resources, as well as have an understanding of how medical, legal and social services respond to victims of sexual abuse/assault.</p> <p>Providers must be supervised by a paid staff person who has completed the 30 hours of initial sexual abuse/assault training and has two years of relevant experience.</p>

CRISIS INTERVENTION

Definition	An immediately available 24-hour personal response provided in a variety of settings to an individual presenting a crisis related to sexual abuse/assault.
Goal	To alleviate acute distress of sexual abuse/assault, to begin stabilization, and assist in determining the next steps.
Duration	Short term. May be episodic.
Activities	<p>Activities to alleviate acute stress including:</p> <ul style="list-style-type: none"> ■ Information about the effects of victimization ■ General information about medical and legal issues (Case specific information – see Legal/Medical Advocacy) ■ Information on services available in the community
Service Recipients	<ul style="list-style-type: none"> ■ Child sexual abuse/assault victims ■ Adult or adolescent sexual abuse/assault victims ■ Non-offending parents whose children are sexual abuse/assault victims ■ Significant others who require help/assistance in order to address their own reactions to the victimization and to effectively support the victim
Qualifications	<p>All volunteer and paid staff must complete 30 hours of initial sexual abuse/assault training, which must include at least four hours of crisis intervention, plus 12 hours of ongoing sexual abuse/assault training annually. Core trainings must be approved by the Office of Crime Victims Advocacy or their designated training provider(s). The provider must be familiar with the dynamics of sexual abuse/assault and relevant community resources, as well as have an understanding of how medical, legal and social services respond to victims of sexual abuse/assault.</p> <p>Providers must be supervised by a paid staff person who has completed the 30 hours of initial sexual abuse/assault training and has two years of relevant experience.</p>

GENERAL ADVOCACY

Definition	Personal support and/or assistance in accessing sexual abuse/assault related services.
Goal	To ensure needed services and adequate support to enhance recovery from sexual abuse/assault
Duration	Generally, 1 to 4 times per month; 3 months to a year
Activities	<p>All activities and services are client-focused and case specific.</p> <ul style="list-style-type: none"> ■ Ongoing personal support, including outreach calls/visits (including in-patient or residential care settings) ■ Practical help as needed; information and referrals which are case specific and client focused ■ Ongoing, repetitive crisis intervention ■ Arranging for services to enhance recovery (e.g., health, financial, housing) ■ Consulting with others (such as CPS, APS, Indian Child Welfare) regarding an individual case
Service Recipients	<ul style="list-style-type: none"> ■ Child sexual abuse/assault victims ■ Adult/adolescent sexual abuse/assault victims ■ Non-offending parents whose children are sexual abuse/assault victims ■ Significant others who require help/assistance in order to address their own reactions to the victimization and to effectively support the victim
Qualifications	<p>All volunteer and paid staff must complete 30 hours of initial sexual abuse/assault training, plus 12 hours of ongoing sexual abuse/assault training annually. Core trainings must be approved by the Office of Crime Victims Advocacy or their designated training provider(s). The provider must be familiar with the dynamics of sexual abuse/assault and relevant community resources, as well as have an understanding of how medical, legal and social services respond to victims of sexual abuse/assault.</p> <p>Providers must be supervised by a paid staff person who has completed the 30 hours of initial sexual abuse/assault training and has two years of relevant experience.</p>

LEGAL ADVOCACY

Definition	Acting on behalf of and in support of victims of sexual abuse/assault on a 24-hour basis to ensure their interests are represented and their rights upheld.
Goal	To assist gaining knowledge of the criminal justice system, gain access to all avenues of participation in the legal system and to promote the responsiveness of individual legal system participants.
Duration	Up to several years
Activities	<p>All activities and services are client-focused and case specific. For general information regarding legal advocacy, see Information & Referral.</p> <ul style="list-style-type: none"> ■ Assistance in making informed decisions about police reporting and the preparations needed, including the possibility of CVC benefits ■ Information about the criminal justice systems, civil remedies, and Dependency, Family and Juvenile Courts, including follow-up ■ Support at interviews, trial and sentencing ■ Assistance in preparing for court; informing the victim of her/his rights in legal settings ■ Active monitoring of case through the legal system ■ Assistance with protective/no-contact/anti-harassment orders
Service Recipients	<ul style="list-style-type: none"> ■ Child sexual abuse/assault victims ■ Adult/adolescent sexual abuse/assault victims ■ Non-offending parents whose children are sexual abuse/assault victims ■ Significant others who require help/assistance in order to address their own reactions to the victimization and to effectively support the victim
Qualifications	<p>All volunteer and paid staff must complete 30 hours of initial sexual abuse/assault training, which must include at least four hours of legal advocacy, plus 12 hours of ongoing sexual abuse/assault training annually. Core trainings must be approved by the Office of Crime Victims Advocacy or their designated training provider(s). The provider must be familiar with the dynamics of sexual abuse/assault and relevant community resources, as well as have an understanding of how medical, legal and social services respond to victims of sexual abuse/assault.</p> <p>Providers must be supervised by a paid staff person who has completed the 30 hours of initial sexual abuse/assault training and has two years of relevant experience.</p>

MEDICAL ADVOCACY

Definition	Acting on behalf of and in support of victims of sexual abuse/assault on a 24-hour basis to ensure their interests are represented and their rights upheld.
Goal	To assist the victim to regain personal power and control as s/he makes decisions regarding medical care and to promote an appropriate response from individual service providers.
Duration	May vary significantly depending upon client's medical needs as related to the sexual assault.
Activities	<p>All activities and services are client-focused and case specific. For general information regarding medical advocacy, see Information & Referral.</p> <ul style="list-style-type: none"> ■ Assistance in making informed decisions about medical care and the preparations needed, including referral for possible forensic exam ■ Information about medical care/concerns, including assistance with needed follow-up ■ Support at medical exams and appointments ■ Information and/or assistance with Crime Victim Compensation applications
Service Recipients	<ul style="list-style-type: none"> ■ Child sexual abuse/assault victims ■ Adult/adolescent sexual abuse/assault victims ■ Non-offending parents whose children are sexual abuse/assault victims ■ Significant others who require help/assistance in order to address their own reactions to the victimization and to effectively support the victim
Qualifications	<p>All volunteer and paid staff must complete 30 hours of initial sexual abuse/assault training, which must include at least four hours of medical advocacy, plus 12 hours of ongoing sexual abuse/assault training annually. Core trainings must be approved by the Office of Crime Victims Advocacy or their designated training provider(s). The provider must be familiar with the dynamics of sexual abuse/assault and relevant community resources, as well as have an understanding of how medical, legal and social services respond to victims of sexual abuse/assault.</p> <p>Providers must be supervised by a paid staff person who has completed the 30 hours of initial sexual abuse/assault training and has two years of relevant experience.</p>

SYSTEM COORDINATION

Definition	Coordination of the service system entails the development of working relationships and agreements (formal and informal) among programs and services with a role in the array of sexual abuse/assault service provision with the goal of improving service delivery
Goal	To operate a permanent, client-centered system which offers, or assures access to, a comprehensive continuum of specialized sexual abuse/assault services, which is mutually accountable despite individual changes over time in regulations, procedures or people who provide service.
Duration	An on-going process
Eligible Activities	<ul style="list-style-type: none"> ■ Develop partnerships ■ Increase collaboration ■ Assess gaps in service ■ Foster cooperation ■ Develop accountability process ■ Develop new ways of delivering services
Potential Participants	<ul style="list-style-type: none"> ■ Law enforcement ■ Prosecutors ■ Judiciary ■ Child Protective Services (CPS) ■ Schools ■ Social services (private and public) ■ Mental health services ■ Medical facilities/practitioners ■ Emergency services ■ Other relevant groups, task forces, networks and individuals
Qualifications	<p>System coordination should be initiated and led by a Community Sexual Assault Program.</p> <p>The staff and volunteers representing the Community Sexual Assault Program should represent the issues of sexual abuse/assault to the community accurately, fairly and regularly. They should understand the public policy-making process, build coalitions and articulate opinion to shape public policies that are beneficial for the organization and victims of sexual abuse/assault.</p> <p>They should commit to building community around sexual abuse/assault issues; promote effective relations among diverse agencies working with victims of sexual abuse/assault; facilitate cooperation between all of the agencies/organizations involved with victims of sexual abuse/assault.</p> <p>They also should encourage cooperation and collaboration with other organizations, seeking ways to improve services and/or reduce costs through cooperative efforts; share expertise with others to achieve partnerships; and organize and operate partnerships effectively.</p>

OPTIONAL STANDARD

Primary Prevention

PRIMARY PREVENTION

Definition	Comprehensive activities that promote attitudes, behaviors, and social conditions aimed at preventing sexual violence before it happens. Primary prevention programming must be culturally and linguistically appropriate specific to the identified community.
Goal	To prevent sexual violence in communities and increase the willingness of communities to prevent sexual violence.
Activities	<p>Activities will vary from community to community and population to population. Appropriate activities are those aimed at preventing sexual violence before it occurs. Examples Include:</p> <ul style="list-style-type: none"> • A program or set of multi-session skill-building activities informed by community or cultural norms • A multisession set of activities on a topic logically connected with prevention (such as communication, parenting, trust, gender, boundaries, respect, building assets, social norms) • Prevention activities aimed at two or more of the four different levels of influence: individual, relationship, community, and society. This might combine education (individual) with policy examination (community) or media work (society) with peer education (relationship)¹ • Community development or other community-led processes and activities that are logically connected to preventing sexual violence and shifting ownership of prevention from the organization leading the initiative to the community. <p>The community development process is inclusive of:</p> <ol style="list-style-type: none"> 1. Establishing relationships within communities, ensuring the inclusion of underserved communities 2. Recruiting stakeholders from a chosen community 3. Asking: Why does sexual violence happen here? (A) 4. Asking: What would it be like without sexual violence? (B) 5. Developing a plan to get from A to B 6. Asking: how will we know we are accomplishing anything? 7. Carrying out the plan 8. Evaluation and revision
Participants	<p>Individuals, a group of stakeholders or other groups within the identified community² such as:</p> <ul style="list-style-type: none"> ■ Youth ■ Parents/Caregivers ■ Community Members ■ Service Providers

¹ Levels of influence from the Social Ecological Model of Prevention, (National Center for Injury Prevention and Control, Centers for Disease Control and Prevention).

² A community is any definable group of people who share concerns or interests

Qualifications	<p>Services must be provided by a community sexual assault program (CSAP) or a culturally-specific organization.</p>	
	<p><u>Direct Service Provider</u></p> <p>Initial Training: 30 hours initial sexual assault training approved by OCVA or their designated training provider(s).</p> <p>5-hour prevention orientation.</p> <p>Annual Training: 12 hours ongoing sexual assault training annually.</p>	<p><u>Supervisor</u></p> <p>Initial Training: 30 hours initial sexual assault training approved by OCVA or their designated training provider(s).</p> <p>5-hour prevention orientation.</p> <p>Annual Training: 12 hours ongoing sexual assault training annually.</p> <p>Education/Experience:</p> <p>CSAP: two years of experience in sexual assault or domestic violence services.</p> <p>Culturally-specific Organization: two years of experience in culturally and linguistically appropriate sexual assault or domestic violence services.</p> <p>Other direct human service experience will be considered on a case-by-case basis.</p>



APPENDIX A

State of Washington Sexual Assault Services Standards

Specialized Services

Support Group

Therapy

Medical Social Work

SUPPORT GROUP

Definition	Regular facilitated meetings of victims and/or secondary victims of sexual abuse/assault with a supportive and educational focus.
Goal	To provide emotional stability and promote the understanding of the impact of sexual abuse/assault.
Duration	1 to 2 hour average length of time per session; 1 to 4 sessions per month; 3 months to a year
Activities	Group meetings with a planned beginning and ending date and an outcome-based, structured agenda with a primary focus on sexual abuse/assault issues.
Service Recipients	<ul style="list-style-type: none"> ■ Adult or adolescent sexual abuse/assault victims ■ Non-offending parents of child sexual abuse/assault victims ■ Significant others who require help/assistance in order to address their own reactions to victimization and to effectively support the victim
Qualifications	<p>The facilitator must complete 30 hours of initial sexual abuse/assault training, plus 12 hours of ongoing sexual abuse/assault training annually. Core trainings must be approved by the Office of Crime Victims Advocacy or their designated training provider(s). The provider must be familiar with the dynamics of sexual abuse/assault and relevant community resources, as well as have an understanding of how medical, legal and social services respond to victims of sexual abuse/assault. The facilitator must also have training in group process and interpersonal dynamics, and experience as a facilitator or co-facilitator.</p> <p>The facilitator must be supervised by a paid staff person with a minimum of a BA degree in Human Services or a related field plus two years of relevant experience or a combination of six years of relevant experience, education and training. The facilitator must be, or receive consultation on group process from, a Masters level therapist.</p>

THERAPY

Definition	A professional relationship within a theoretical framework that involves a specified helper gathering, systematizing and evaluating information and using techniques to address the effects of sexual abuse/assault.	
Goal	To identify, understand and ameliorate the effects of sexual abuse/assault; to promote healing and to integrate the sexual abuse/assault experience.	
Duration	1 hour average length of time per session; 1 to 4 sessions per month; 3 months to several years; additional therapy could be indicated, depending on the individual case.	
Activities	<p>Assessment:</p> <ul style="list-style-type: none"> ■ Psychosocial history taking ■ Psychological testing, or psychiatric evaluation (including mental status exam) ■ In-person interviews with victims and/or family members ■ Collateral contacts, including review of relevant documents, telephone/in-person contact with other providers ■ Report writing 	<p>Therapy:</p> <ul style="list-style-type: none"> ■ Individual, group or family therapy, based on current clinical therapeutic principles generally accepted as being appropriate to sexual abuse/assault ■ In-person visits in the office, on location or by phone ■ Family therapy can include a <u>treated</u> sexual offender in the course of reunification ■ Interpretation of findings and expert testimony ■ Consultation to other disciplines/systems
Service Recipients	<ul style="list-style-type: none"> ■ Child sexual abuse/assault victims ■ Adult or adolescent sexual abuse/assault victims with acute or past history of sexual abuse/assault ■ Non-offending parents whose children are sexual abuse/assault victims ■ Significant others who require help/assistance in order to address their own reactions to victimization and to effectively support the victim 	
Qualifications	<p>Practitioners must complete 23 hours of initial sexual abuse/assault training, plus 6 hours of ongoing sexual abuse/assault training annually. All trainings must be consistent with the OCVA therapist-training standard. The practitioner must be knowledgeable about the principles of sound therapeutic practices with victims of sexual abuse/assault, including working with the continuum of sexual abuse/assault services and must understand victimization and demonstrate practices sensitive to sexual abuse/assault issues in therapy.</p> <p>Practitioners must be licensed psychiatrists or psychologists or be registered or certified professionals in the State of Washington and have a minimum of a master's degree in one or more the following: mental health counseling, marriage and family therapy, social work or related field. Practitioners who are completing an internship for a master's degree in any of the fields listed above and have completed the 23 hours of initial sexual abuse/assault training are also eligible providers, as long as they are receiving supervision from a person who meets the qualifications above. Interns must also complete 6 hours of ongoing sexual abuse/assault training annually. For practitioners conducting assessments of children, refer to the guidelines from the American Professional Society on the Abuse of Children.</p> <p>Therapists, as well as individuals conducting assessments, must have regular supervision, consultation and/or review of cases, preferably by a Washington State licensed psychiatrist, psychologist or certified therapist.</p>	

**SOCIAL WORK FOR MEDICAL EVALUATIONS OF
CHILDREN & VULNERABLE ADULTS**

Definition	Preparing victim for medical evaluation; preparing and passing on a complete case history for purposes of contributing to investigation.
Goal	To complete the medical evaluation in a manner that minimizes the traumatization of the victim and caregivers.
Duration	Generally one hour by phone for intake with parent/caretaker; brief calls between intake and evaluation to prepare a victim for and reduce her/his anxiety about the evaluation and investigation; one hour in-person during evaluation; and subsequent contacts, usually by phone, as needed.
Activities	<p>Psychosocial history-taking, including assessment of parental protectiveness and parental coping, documentation of family structure, family dynamics, and dynamics of abuse/assault as related by parent/caretaker.</p> <ul style="list-style-type: none"> ■ Interpretation of stages of child physical and psychosexual development, signs of stress and of child sexual assault ■ Interpretation of medical evaluation process, indications for doing lab work, and meaning of possible physical findings ■ Interpretation of law enforcement investigation process and parent/caretaker role in same, including compliance with mandated reporting ■ Interpretation of child protective services functions and parent/caretaker role in same, including compliance with mandated reporting ■ Referral to appropriate CSAP for advocacy ■ Referral to therapy resources, including explanation of and assistance with Crime Victims Compensation application ■ When appropriate, communicate directly with child or adolescent victim to allay anxiety about medical evaluation ■ Crisis counseling for the purposes of preparing victim for the medical evaluation and to pass on a complete case history for purposes of investigation
Service Recipients	<ul style="list-style-type: none"> ■ Non-offending parent/caretakers of child and adolescent victims of sexual abuse/assault ■ Child and adolescent victims ■ Vulnerable adult victims and their caretakers or care managers
Qualifications	<p>Master's degree in social work or related field or licensure as a Registered Nurse, Nurse Practitioner, Medical Doctor or Physician's Assistant. Employed by or contracted with a licensed medical institution or provider. Twelve hours of initial sexual assault/abuse training, plus twelve hours per year ongoing training. Practitioners who are completing an internship for any of the fields listed above and have completed the 12 hours of initial sexual abuse/assault training are also eligible providers, as long as they are receiving supervision from a person who meets the qualifications above.</p>



APPENDIX A

State of Washington Sexual Assault Services Standards

Culturally-Specific Services

Community Organizing, Training and Education

Community Responding

Primary Prevention

Therapy

COMMUNITY ORGANIZING, TRAINING AND EDUCATION

Definition	Provide culturally and linguistically appropriate information and conduct activities to increase knowledge about sexual violence, its root causes, and promote access to culturally-specific services.		
Goal	To increase the community's awareness of sexual violence and ensure access to services for victims of sexual violence.		
Activities	<ul style="list-style-type: none"> ■ Sexual assault training and consultation to other professionals and institutions (e.g., law enforcement, mental health, and community sexual assault programs) on appropriate sexual assault service delivery, available services and ensure access to services for victims of sexual abuse/assault ■ Community events and outreach focused on raising awareness of sexual violence, its root causes, and available services for the community ■ Public speaking/presentations within the community focused on raising awareness of sexual violence, its root causes, and available services for the community ■ Educational groups for adults or adolescents, facilitated/led by an advocate. The group must have an agenda with a primary focus on sexual abuse/assault issues. These issues can be presented in cycles so that membership may begin at any point in the cycle (<i>If the focus of the group is on prevention of sexual violence, the group is considered a primary prevention activity</i>) ■ Distribution of sexual assault materials focused on raising awareness of sexual violence, its root causes, and available services for the community 		
Recipients	Community individuals and groups, service providers, schools, and faith communities.		
Qualifications	<p>Services should be provided by a culturally-specific organization.</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; vertical-align: top;"> <p><u>Direct Service Provider</u></p> <p>Initial Training: 15 hours OCVA approved initial sexual assault training. 15 hours OCVA approved culturally and/or linguistically appropriate initial sexual assault training.</p> <p>Annual Training: 12 hours ongoing sexual assault training annually.</p> </td> <td style="width: 50%; vertical-align: top;"> <p><u>Supervisor</u></p> <p>Initial Training: 15 hours OCVA approved initial sexual assault training. 15 hours OCVA approved culturally and/or linguistically appropriate initial sexual assault training.</p> <p>Annual Training: 12 hours ongoing sexual assault training annually.</p> <p>Education/Experience: Two years of demonstrated experience in culturally and linguistically appropriate sexual assault advocacy, support, or treatment,</p> <p>OR</p> <p>Two years of demonstrated experience in culturally and linguistically appropriate domestic violence advocacy and support.</p> <p>Other direct human service experience will be considered on a case-by-case basis.</p> </td> </tr> </table>	<p><u>Direct Service Provider</u></p> <p>Initial Training: 15 hours OCVA approved initial sexual assault training. 15 hours OCVA approved culturally and/or linguistically appropriate initial sexual assault training.</p> <p>Annual Training: 12 hours ongoing sexual assault training annually.</p>	<p><u>Supervisor</u></p> <p>Initial Training: 15 hours OCVA approved initial sexual assault training. 15 hours OCVA approved culturally and/or linguistically appropriate initial sexual assault training.</p> <p>Annual Training: 12 hours ongoing sexual assault training annually.</p> <p>Education/Experience: Two years of demonstrated experience in culturally and linguistically appropriate sexual assault advocacy, support, or treatment,</p> <p>OR</p> <p>Two years of demonstrated experience in culturally and linguistically appropriate domestic violence advocacy and support.</p> <p>Other direct human service experience will be considered on a case-by-case basis.</p>
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COMMUNITY RESPONDING

Definition	Culturally and linguistically appropriate personal support and/or assistance in accessing services and addressing sexual abuse/assault related issues by culturally-specific programs.			
Goal	To ensure access to services and support that enhances recovery from sexual abuse/assault.			
Activities	<p>Consulting with others (such as Child Protection Services, Adult Protection Services, Indian Child Welfare, Law Enforcement, etc.) regarding an individual case.</p> <p>Culturally and linguistically appropriate advocacy to victims and survivors provided by phone or face-to-face:</p> <ul style="list-style-type: none"> • Support and assistance that may include the use of culturally specific healing methods • Information about and support with accessing services, medical care and resources • Information about and support with the criminal or civil justice systems (including tribal court) • Peer Support Groups for adults or adolescents, facilitated/led by an advocate. The group must have a planned beginning and ending date and an outcome-based structured agenda with a primary focus on sexual abuse/assault issues 			
Recipients	<ul style="list-style-type: none"> • Adult, adolescent or child victims of sexual abuse/assault • Non-offending parents or caregivers of child sexual abuse/assault victims • Significant others who require help/assistance in order to address their own reactions to victimization and to effectively support the victim 			
Qualifications	<p>Services should be provided by a culturally-specific organization.</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top; border-right: 1px solid black; padding: 5px;"> <p><u>Direct Service Provider</u></p> <p>Initial Training: 15 hours OCVA approved initial sexual assault training. 15 hours OCVA approved culturally and/or linguistically appropriate initial sexual assault training.</p> <p>Annual Training: 12 hours ongoing sexual assault training annually.</p> </td> <td style="width: 50%; vertical-align: top; padding: 5px;"> <p><u>Supervisor</u></p> <p>Initial Training: 15 hours OCVA approved initial sexual assault training. 15 hours OCVA culturally and/or linguistically appropriate initial sexual assault training.</p> <p>Annual Training: 12 hours ongoing sexual assault training annually.</p> <p>Education/Experience: Two years of demonstrated experience in culturally and linguistically appropriate sexual assault advocacy, support, or treatment, OR Two years of demonstrated experience in culturally and linguistically appropriate domestic violence advocacy and support.</p> <p>Other direct human service experience will be considered on a case-by-case basis.</p> </td> </tr> </table>		<p><u>Direct Service Provider</u></p> <p>Initial Training: 15 hours OCVA approved initial sexual assault training. 15 hours OCVA approved culturally and/or linguistically appropriate initial sexual assault training.</p> <p>Annual Training: 12 hours ongoing sexual assault training annually.</p>	<p><u>Supervisor</u></p> <p>Initial Training: 15 hours OCVA approved initial sexual assault training. 15 hours OCVA culturally and/or linguistically appropriate initial sexual assault training.</p> <p>Annual Training: 12 hours ongoing sexual assault training annually.</p> <p>Education/Experience: Two years of demonstrated experience in culturally and linguistically appropriate sexual assault advocacy, support, or treatment, OR Two years of demonstrated experience in culturally and linguistically appropriate domestic violence advocacy and support.</p> <p>Other direct human service experience will be considered on a case-by-case basis.</p>
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PRIMARY PREVENTION

Definition	Comprehensive activities that promote attitudes, behaviors, and social conditions aimed at preventing sexual violence before it happens. Primary prevention programming must be culturally and linguistically appropriate specific to the identified community.
Goal	To prevent sexual violence in communities and increase the willingness of communities to prevent sexual violence.
Activities	<p>Activities will vary from community to community and population to population. Appropriate activities are those aimed at preventing sexual violence before it occurs. Examples Include:</p> <ul style="list-style-type: none"> • A program or set of multi-session skill-building activities informed by community or cultural norms • A multisession set of activities on a topic logically connected with prevention (such as communication, parenting, trust, gender, boundaries, respect, building assets, social norms) • Prevention activities aimed at two or more of the four different levels of influence: individual, relationship, community, and society. This might combine education (individual) with policy examination (community) or media work (society) with peer education (relationship)¹ • Community development or other community-led processes and activities that are logically connected to preventing sexual violence and shifting ownership of prevention from the organization leading the initiative to the community. <p>The community development process is inclusive of:</p> <ol style="list-style-type: none"> 1. Establishing relationships within communities, ensuring the inclusion of underserved communities 2. Recruiting stakeholders from a chosen community 3. Asking: Why does sexual violence happen here? (A) 4. Asking: What would it be like without sexual violence? (B) 5. Developing a plan to get from A to B 6. Asking: how will we know we are accomplishing anything? 7. Carrying out the plan 8. Evaluation and revision
Participants	<p>Individuals, a group of stakeholders or other groups within the identified community² such as:</p> <ul style="list-style-type: none"> ■ Youth ■ Parents/Caregivers ■ Community Members ■ Service Providers

¹ Levels of influence from the Social Ecological Model of Prevention, (National Center for Injury Prevention and Control, Centers for Disease Control and Prevention).

² A community is any definable group of people who share concerns or interests

<p>Qualifications</p>	<p>Services must be provided by a community sexual assault program (CSAP) or a culturally-specific organization.</p>	
	<p><u>Direct Service Provider</u></p> <p>Initial Training: 30 hours initial sexual assault training approved by OCVA or their designated training provider(s). 5-hour prevention orientation.</p> <p>Annual Training: 12 hours ongoing sexual assault training annually.</p>	<p><u>Supervisor</u></p> <p>Initial Training: 30 hours initial sexual assault training approved by OCVA or their designated training provider(s). 5-hour prevention orientation.</p> <p>Annual Training: 12 hours ongoing sexual assault training annually.</p> <p>Education/Experience:</p> <p>CSAP: two years of experience in sexual assault or domestic violence services.</p> <p>Culturally-specific Organization: two years of experience in culturally and linguistically appropriate sexual assault or domestic violence services.</p> <p>Other direct human service experience will be considered on a case-by-case basis.</p>

March, 2015

THERAPY

Definition	A professional relationship within a theoretical framework that involves a specified helper gathering, systematizing and evaluating information and using techniques to address the effects of sexual abuse/assault.	
Goal	To identify, understand and ameliorate the effects of sexual abuse/assault; to promote healing and to integrate the sexual abuse/assault experience.	
Duration	1 hour average length of time per session; 1 to 4 sessions per month; 3 months to several years; additional therapy could be indicated, depending on the individual case.	
Activities	<ul style="list-style-type: none"> ■ Assessment: Psychological testing, or psychiatric evaluation (including mental status exam) ■ In-person interviews with victims and/or family members ■ Collateral contacts, including review of relevant documents, telephone/in-person contact with other providers ■ Report writing 	Therapy: <ul style="list-style-type: none"> ■ Individual, group or family therapy, based on current clinical therapeutic principles generally accepted as being appropriate to sexual abuse/assault ■ In-person visits in the office, on location or by phone ■ Family therapy can include a <u>treated</u> sexual offender in the course of reunification ■ Interpretation of findings and expert testimony ■ Consultation to other disciplines/systems
Service Recipients	<ul style="list-style-type: none"> ■ Child sexual abuse/assault victims ■ Adult or adolescent sexual abuse/assault victims with acute or past history of sexual abuse/assault ■ Non-offending parents whose children are sexual abuse/assault victims ■ Significant others who require help/assistance in order to address their own reactions to victimization and to effectively support the victim 	
Qualifications	<p>Practitioners must complete 23 hours of initial sexual abuse/assault training, plus 6 hours of ongoing sexual abuse/assault training annually. All trainings must be consistent with the OCVA therapist-training standard. The practitioner must be knowledgeable about the principles of sound therapeutic practices with victims of sexual abuse/assault, including working with the continuum of sexual abuse/assault services and must understand victimization and demonstrate practices sensitive to sexual abuse/assault issues in therapy.</p> <p>Practitioners must be licensed psychiatrists or psychologists or be registered or certified professionals in the State of Washington and have a minimum of a master's degree in one or more the following: mental health counseling, marriage and family therapy, social work or related field. Practitioners who are completing an internship for a master's degree in any of the fields listed above and have completed the 23 hours of initial sexual abuse/assault training are also eligible providers, as long as they are receiving supervision from a person who meets the qualifications above. Interns must also complete 6 hours of ongoing sexual abuse/assault training annually. For practitioners conducting assessments of children, refer to the guidelines from the American Professional Society on the Abuse of Children.</p> <p>Therapists, as well as individuals conducting assessments, must have regular supervision, consultation and/or review of cases, preferably by a Washington State licensed psychiatrist, psychologist or certified therapist.</p>	

Training Requirements

Service	Training Requirement for New Providers	Ongoing Training Requirements
Core Services	30-hour Advocate Core Sexual Assault Training	12 hours of ongoing, sexual assault specific training
Core Primary Prevention	30-hour Advocate Core Sexual Assault Training 5-hour Prevention Orientation	12 hours of ongoing, sexual assault specific training
Therapy	23-hour Therapist Core Sexual Assault Training	6 hours of ongoing, sexual assault specific training
Support Groups	30-hour Advocate Core Sexual Assault Training Training in Group Process and Interpersonal Dynamics	12 hours of ongoing, sexual assault specific training
Medical Social Work	12 hours of initial training relevant to sexual assault	12 hours of ongoing, sexual assault specific training
Culturally and Linguistically Appropriate Services Community Organizing, Training, and Education, and Community Responding	15 hours of OCVA approved initial sexual assault training 15 hours of OCVA approved culturally and/or linguistically appropriate initial sexual assault training	12 hours of ongoing, sexual assault specific training
Culturally and Linguistically Appropriate Primary Prevention	15 hours of OCVA approved initial sexual assault training 15 hours of OCVA approved culturally and/or linguistically appropriate initial sexual assault training 5-hour Prevention Orientation	12 hours of ongoing, sexual assault specific training